



Connecting to Cure  
Crohn's & Colitis

## CONNECTIONS

Support for patients,  
parents, spouses,  
partners and family  
members affected  
by IBD.



### SUPPORT GROUP

**This is a group for all people affected by IBD to learn about how others are coping.**

**In a supportive and safe environment, these are some of the topics we can discuss:**

- Social and relationship issues
- School and workplace issues
- How to explain your disease to friends and family
- The importance of taking care of ourselves as caregivers and patients
- Share coping strategies for flares

#### WHERE:

### **Cedars-Sinai Medical Center**

Advanced Health Sciences Pavilion

127 S. San Vicente Blvd  
Los Angeles, CA 90048



**PEC Conference Room**

**CEDARS-SINAI®**

#### WHEN:

We meet on the second Thursday of every month  
7:00 pm - 8:30 pm

We'd love to see you!

**RSVP:** [connections@connectingtocure.org](mailto:connections@connectingtocure.org)

For more info, go to [www.connectingtocure.org](http://www.connectingtocure.org)